

Signs of Gum Disease

If you have any of the following symptoms you may have gum disease and should visit your periodontist for evaluation. Periodontal disease affects more than the mouth, spreading inflammation throughout the body.

1. Gums that bleed when you brush or floss your teeth.
2. Lingering bad breath. This can be caused by the pus, bacteria and bleeding caused by periodontal disease.
3. Shiny red, swollen and/or tender gums instead of healthy coral pink gums that have a bit of an "orange peel" texture. Mouth breathers are at greater risk for red gums and gum infection.
4. New spaces between teeth are a sign of advanced disease and weakened teeth.
5. Loose teeth.
6. A receding change in the gum level and teeth that appear longer than they used to.
7. An itchy sensation around the teeth and gums.
8. Infection or pus extracted from the gums when pressed.
9. Changes in your bite.